

Energy Health Clubs
Outdoor Class
Schedule

Monday- **Nancy Cycle Max** **10:30am-11:30am**
 Alicia Zumba **5:45pm-6:45pm**

Tuesday- **Nancy Sculpt+Define** **10:30am-11:30am**
 Nancy Yoga **12pm-1pm**

Wednesday- **Nancy Cycle Max** **10:30am-11:30am**
 Alicia Zumba **5:45pm-6:45pm**

Friday- **Nancy Sculpt+Define** **10:30am-11:30am**
 Nancy Vinyasa Yoga **12pm-1pm**

Saturday- **Alicia Zumba** **9:15am-10:15am**